

Ready, Set Go...DCJS Selects M. H. West & Co., Inc., To Administer RSAT Grant Program

The Virginia Department of Criminal Justice Services has engaged *M. H. West & Co., Inc.*, (*WEST*) to provide technical assistance and other guidance to RSAT Grant Recipients throughout the Commonwealth.

M. H. West & Co., Inc. is Richmond, Virginia-based and *consults with organizations to boost their performance through management, education and planning services*. The firm has a strong track record in project work for both public and private sector businesses. Its credentials are diverse and extensive and among the firm's 150 clients are criminal justice, substance abuse, psychiatric organizations, health and medical care facilities. Marilyn H. West is the President and Owner of *M. H. West & Co., Inc.* and serves as *Project Principal. The firm was founded on the significant knowledge of Ms. West about health care and related programs. She obtained this expertise serving in key leadership positions held in public and private sector organizations. M. H. West & Co., Inc. is known and respected for its innovative and cost effective solutions to challenges and opportunities faced by its clients. Among the positions held by Marilyn West are Statistician for a local health department and Assistant Director of Planning for a 610 bed acute care hospital. Both of these organizations are located in Pittsburgh, Pennsylvania. In Virginia, she has served as a Director of a*

Continuing Education Project in Mental Health, Mental Health Retardation and Substance Abuse Services for Virginia Commonwealth University, Director of Mental Health Planning for the Abuse Services and Director of the Virginia Certificate of Public Need Program for 11 years. Ms. West is joined by Thomas L. Wilkinson, who serves as Project Leader. Mr. Wilkinson brings to the firm over thirty years' experience in industry and business working for a Fortune 500 company. He is experienced in managing people and facilities and has expertise in industrial drug abuse issues, identification techniques and treatment programs.

The firm looks forward to serving as a resource to you, helping you to achieve excellence in your operations and promoting exemplary customer service. A major focus of our work will be to help insure that you have the necessary information, approaches and other resources needed to implement your RSAT grant consistent with federal and state requirements. During the year, we will visit each site at least four times. This will give us an opportunity to communicate frequently with you and become familiar with the specifics of your site. We also want to establish a communication network that allows sites to exchange information that is beneficial to them in implementing their programs. We will be utilizing this newsletter and other communication tools to provide you with needed information for your programs.

We have met with the Program Managers of your respective departments and will be working closely with them to ensure that the Commonwealth program functions in a coordinated and effective manner. Look forward to working with you.

Sincerely,

Marilyn H. West, President/Owner

Looking Ahead

August 2-4 National Conference on Health Statistics Washington DC SAMHDA will be presenters

November 4-6, 1999 CAC's 1999 Annual meeting will be co-sponsored by the State of Florida's "umbrella" health agency. The agenda for the meeting will link the three themes of public membership, professional regulation, and managed care under the theme, "Effective Health Professions Regulation in the Age of Managed Care."

Fall 1999 - PRONET, CAC's network of beneficiary and consumer representatives on Quality Improvement Organization (QIQ) boards of directors, will hold its annual meeting either in conjunction with the American Health Quality Association (AHQA) meeting or in conjunction with the CAC Annual Meeting

December 1999-The National Center on Addiction and Substance Abuse At Columbia University are managing a juvenile justice demonstration program. This project, part of CASA's investigation of the impact of substance abuse has impacted the growth in the juvenile justice system. They will examine how substance abuse and delinquency are linked and identifying programs and services to reduce the impact of substance abuse on juvenile crime and delinquency. This project is funded by NIDA (National Institute on Drug Abuse) and the W. T. Grant Foundation planning activities began in July of 1998. Expected program completion date is December 1999

Resource Corner

Periodicals & Books...

Removing Barriers/Improving Care: Report from a Consensus Development Project To Promote Regulatory Change that Removes Unnecessary Barriers to the Full Use of Competent Health Care Professionals in Nursing Homes

Forum on the Regulatory Management of Chemically Dependent Health Care Practitioners: Conference Proceedings

To Order:

www.cacenter.org

Altschuler, D. and Armstrong, T. (1996). *Aftercare not Afterthought: Testing the IAP Model*. Juvenile Justice.

De Leon, G. Melnick, G., Wexler, H. K., Thomas, Ge., & Kressel, D. (1998) *Motivation for Treatment in a Prison-Based Therapeutic Community*. Center for Therapeutic Community Research at NDRI, New York, NY. (1998, in press).

De Leon, G. and Melnick, G. (1992) *Therapeutic Community Scale of Essential Elements Questionnaire*. Center for Therapeutic Community Research, NDRI. NY: Community Studies Institute, Inc.

Wexler, H. K., Falkin, G. P. & Lipton, D.S. (1998). *A Model Prison Rehabilitation Program: An Evaluation of the "Stay'n Out" Therapeutic Community*. Final Report to the National Institute on Drug Abuse. NY: Narcotic and Drug Research, Inc.

Wish, E.D. & O'Neil, J.A. 1991 *Cocaine Use in Arrestees: Refining Measures of National Trends by Sampling the Criminal Population*. In *The Epidemiology of Cocaine Use and Abuse*, NIDA Res. Monograph 110. Rockville MD: NIDA

Funding Opportunities

PA-98-090 (Open) SAMHSA Conference Grants Program (CMHS, CSAP, CSAT)

SM-99-008 National Training and Technical Assistance Center for Children (June 24, 1999)

SM-99-013 July 13, 1999 Violence Prevention Coordinating Center

SM-99-011 Homeless Families Program (August 11, 1999)

PA-99-050 Comprehensive Community Treatment Program for the Development of New and Useful Knowledge

*Note recurring receipt date (Open-September 10, 1999)

To Obtain a hard copy of a grant announcement call:

Center for Mental Health Services Knowledge Exchange Network (KEN) at:

800.789.2647 Voice

301.443.9006 TTY

301-984-8746 Fax

e-mail: info@mentalhealth.org

National Clearinghouse for Alcohol and Drug Information (NCADI) at:

800.729.6686 Voice

800.487.4889 TDD

e-mail: info@health.org

From The Academy

From a White Paper that discusses *Prison Based Therapeutic Community Treatment: What We Know, and Where We Should Go*, **George Deleon, Ph.D.** identifies six pre-treatment stages through which individual drug users pass as they move toward treatment, and four treatment stages as they move toward recover.

1. **Denial:** Active abuse and/or associated problems, with no problem recognition or problem acceptance
2. **Ambivalence:** Some problem recognition, but inconsistent acceptance of the consequences of continued use on self and others
3. **Extrinsic Motivation:** Some recognition and acceptance of drug use and associated problems, but attributed to external influences and not seen as reasons for seeking change.
4. **Intrinsic Motivation:** Acceptance of drug use and associated problems and an expressed desire to change based on positive and negative inner reasons
5. **Readiness for Change:** Willingness to seek change options which are not treatment related.
6. **Readiness for Treatment:** Rejection of all other options for change except treatment
7. **De-addiction:** Detachment from active drug use; pharmacological and behavioral detoxification
8. **Abstinence:** Stabilized drug freedom for a continuous period, usually beyond the individual's longest historical period of drug freedom
9. **Continuance:** Sobriety plus personal resolve to acquire or maintain the behavior, attitudes, and values associated with the drug-free lifestyle
10. **Integration and Identity Change:** The interrelation of treatment influences, recovery-stage experiences, and broader life experiences resulting in self-perceived change in social and persona identity